



Newsletter

September 2020

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Ride for Refuge is a family-friendly fundraiser that is happening across the country on Saturday, October 3, 2020. The event helps support charities who provide refuge and hope for some of the most vulnerable people on earth.

Your participation in the RIDE is a way to stand up for those whose lives are deeply and often permanently affected by forces and events they cannot control, or who are exploited by the greedy and powerful who care nothing for human suffering.

This year will be different (but better)! Since 2004, we have cycled or walked in support of Youth Impact Jeunesse. And, normally we all gathered together. But this year, for obvious reasons, we cannot. COVID-related health risks and operational challenges will not permit us to assemble in large groups. So instead, we will gather together virtually, self-organize in smaller COVID-friendly teams or groups as permitted.

Of course, you can still ride your bike, but new this year, there is a RIDE Freestyle option. No bikes required! There is so many more ways to RIDE this year. You can register your team, gather your friends, and select one of the 11 RIDE Freestyle fundraising activities from kayaking to knitting, whatever you are passionate about. You can do the same thing all together or mix and match within your team.

Here in Moncton, the funds raised for Youth Impact Jeunesse supports Youth QUEST Central located at 199 St. George Street. This multi resource and drop-in centre is for at-risk and homeless youth, and provides access to basic services such as laundry, shower, food, and clothing. It also connects youth to other on-site programs to assist with education, employment, housing and more.

There is only a couple weeks left to reach our goal of \$25,000 and 130+ participants. To register please go to www.rideforrefuge.org/moncton.

For specific information on the RIDE in Moncton, please contact Kim Beers at (506) 869-6338 or kbeers@youthimpact.org.

Do what you can, wherever you can! #nobikesrequired

OUR IMPACT YOUTH QUEST IMPACT REPORT

2020 THIRD QUARTER IMPACT

YOUTH QUEST CENTRAL



a non-judgmental, safe multi-resource and drop-in centre that serves as a one-stop shop for youth who are struggling with degrees of homelessness.

96

UNIQUE YOUTH SERVED

1080

INDIVIDUAL INTERVENTIONS

♂ **57** ♀ **36** ♀♂ **3**

TRANSITIONAL HOUSING



a residence where a young person can stay while they rebuild their life and move it in a positive direction. They receive coaching and supervision to achieve program requirements and learn life skills and independence.

10

ACTIVE CLIENTS

1

SUCCESSFULLY COMPLETED THE PROGRAM

♂ **4** ♀ **6**

DRUG INTERVENTION PROGRAM



a voluntary program that provides youth who struggle with drug use and may have had, or are at high risk of coming into conflict with the justice system with information, support and strategies that will assist them in alleviating their drug use and alter their criminal behaviour.

28

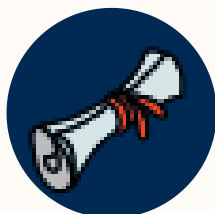
ACTIVE CLIENTS

7

NEW REFERRALS

♂ **16** ♀ **12**

IMPACT LEARNING CENTRE



an academic upgrading program for youth 18 to 24 years of age who have not experienced success in a typical classroom setting. Youth progress at their own pace, with the goal of successfully completing the General Education Development (GED) exam.

Impact learning centre has re-opened virtually

5

ACTIVE LEARNERS

0

WROTE GED

♂ **2** ♀ **3**

0 **0** ******

** learners who wrote sections and continue to work on completion

DONOR HIGHLIGHT: TAKINGITGLOBAL



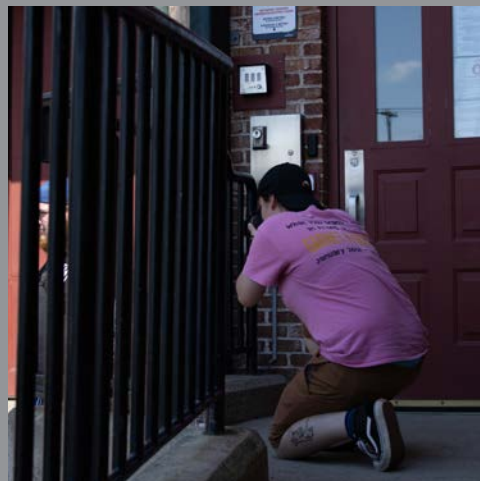
TakingITGlobal is one of the world's leading networks of young people learning about, engaging with, and working towards tackling global challenges.

#RisingYouth is a program led by TakingITGlobal that empowers young people all across Canada to shape our country by giving back to their community. Funded by the Government of Canada under the Canada Service Corps program, microgrants of \$250, \$750, and \$1,500 are awarded to youth between the ages of 15-30 to support community service projects.



In 2019, Youth Impact Jeunesse became an Impact Partner to assist and support our youth in accessing these grants to implement their ideas for community service projects. To date, our youth have received \$7,000 in grants and have implemented projects including a community garden at our Transitional Housing Program, a music program and a photography class, etc.

This initiative supports youth in their journey of turning their ideas into action to build a brighter future.



*** These pictures were all taken by the "Picture This" photography group which is one of the #RisingYouth initiatives.

YOUTH STORY

DRUG INTERVENTION PROGRAM



Nicole was 17 years old when she came through the doors at Youth QUEST Central. She was using amphetamines and smoking marijuana regularly and her mental health was quickly deteriorating. Nicole's life was on downward spiral, she was couch surfing, moving from one friend's house to another or staying at rooming houses when she could afford to. Her drug addiction and mental health prevented her from maintaining or seeking employment, connecting with community resources, or obtaining a safe place to live. She was lonely, scared, homeless and hopeless.

Nicole was referred to the Drug Intervention Program (DIP) in October 2019. This was a turning point in her life,

she connected with the youth worker and started to experience some successes in her life. Nicole slowly started to re-establish a healthy relationship with her mother and grandmother, was willing to start regular medical treatment, consistently started taking prescribed medication, and had a decrease in social anxiety.

The professionals in Nicole's life knew she needed an intense rehabilitation program. Largely because of the relationship that had been created between Nicole and her DIP worker, she agreed to go to Portage Atlantic. She and her DIP worker continued to meet on a weekly basis while she was at the rehabilitation centre to continue working on her goals and to overcome other obstacles in her life.

In May 2020, she completed the Portage Atlantic program and was accepted into the Transitional Housing Program (THP). While at THP, Nicole put in to practice the skills she learned over the last seven months, she had the support of not only the THP staff but was still able to meet with her DIP worker on a weekly basis. Nicole saw even more improvement in her mental health, family relationships and was finally in a stable living environment. In the past the thought of employment would cause extreme anxiety and panic attacks, this time was different, she found and maintained employment. All of this gave Nicole the confidence to look forward in her life and make a plan for her future. She has decided to attend post secondary college and began her course this September. Nicole is now drug free, happy and hopeful for her future.

Volunteering at Youth QUEST Central

Youth QUEST Central is so happy to be welcoming back volunteers to the centre. If you were an active volunteer prior to Covid-19, we will be in contact soon. If you are new, we are happy to start the interview process.

Although volunteering will look very different, we cannot wait to welcome you all in to the centre to help us out with all of our new daily requirements!!!

Do you have questions about volunteering? If so, contact Tracy Lapointe. She can be reached at 869-6188 or via email at tlapointe@youthimpact.org.

We're looking forward to reconnecting!!!



VOLUNTEER

touch a life and make an impact



DONATE

your contribution will change a future



CONNECT

learn more about our mission and work