



**Moncton Youth
Residences Inc.**
Choose Your Future

Therapeutic Behavior Interventions and Maintaining Morale in Stressful Jobs

with

Lorraine Fox, Ph.D.

San Clemente, California

**May 26, 2009
Crowne Plaza Moncton Downtown
9 am—4 pm**

WORKSHOP DESCRIPTION

During the morning participants will consider the challenge of developing behavior interventions that enable clients to live successfully after discharge, rather than merely adapting to a program. We will examine the variety of mental health problems presented by clients, and the need to tailor responses to be helpful on an individual level. We will explore interventions to reduce power and control struggles, and outline the elements of effective discipline.

In the afternoon participants will examine stress and the potential for burnout for workers in a variety of challenging jobs, and explore specific strategies that can be used to help reduce stress, prevent burnout and maintain positive morale. Participants will have the opportunity to re-charge their “ service ” batteries and make a plan for self-care while they care for others.

Participants will be challenged to initiate and continue approaches to the stressful task of providing care that will enable them to stay both happy and healthy as they work not just to make a living, but to make a difference!

Dr. Lorraine Fox holds a doctorate in clinical psychology and a doctoral certificate in organizational development, and is a certified Child Care Worker. She has been working over forty years in child and youth care work and in the human services. Lorraine has been a direct service worker, a supervisor, a clinical director, an Executive Director and Assistant Professor. She has delivered keynote addresses both locally and internationally, including an address at the World Forum 2000 conference on children in Sydney, Australia. Lorraine has presented at conferences and provided services in the United States, Australia, Canada, Guam, England, Scotland and Czechoslovakia. In addition to extensive work with private service agencies, Lorraine is a contract instructor with the University of California, Davis, San Francisco State University and the San Diego State University Foundation, training public service employees serving welfare and child protective clients and their community partners. She was awarded the Outstanding Service Award for Excellence in Teaching by the UC-Davis. Lorraine has published scholarly articles, writes a monthly parenting column for her church newsletter, and co-authored an internationally recognized training curriculum. Lorraine has appeared on radio and television in the U.S., Canada, and Australia. She is listed in many Who's Who publications, and has been a consulting editor for the Journal of Child and Youth Care.

Registration Form

Name: _____ Phone: _____

E-Mail: _____ Fax: _____

Work Place Name and Address: _____

Seminar Fee:

\$100 (\$125 after May 15, 2009)

Please mail registration form and fee to:

Moncton Youth Residences

Attn: Gail Lutz

536 Mountain Road, Moncton, NB E1C 2N5

glutz@myrinc.com

(506)869-6342 (Phone) (506)869-6336 (Fax)

Refund and Cancellation Policy

A processing fee of \$50 will be applicable to all cancellations received prior to May 15, 2009. No refund will be made after that date, however, the registration may be transferred to another person if notice is received from the original registrant.

**Seating is
limited.
Register early!**